Objective

Megan Hellrung

* Clinical Nurse RN, BSN

Motivated and accomplished clinical nurse with pronounced work ethic who supports a multi-disciplinary and holistic approach to patient care. Efficient and organized, quick to volunteer and recognized as superb preceptor. Flexible and versatile in skills as well as competent under pressure. Poised and proficient, demonstrates ability to easily transcend cultural difference and thrives in deadline-driven environments.

720-437-0779  
Megan.Hellrung@UCHealth.org

Competent clinical nurse with four years Operating Room experience seeking career opportunity through credentialing to a Level III Clinical Nurse RN at the University of Colorado Hospital Anschutz Campus location.

Experience

March 2013-Present

University of Colorado Hospital - Aurora, CO, AIP Operating Room

**Clinical Nurse**

* Competent nurse responsible and accountable for intraoperative patient care in both the scrub and circulator role
* Senior team member of the neuro and orthopedic spine team who utilizes practice competencies to provide care for complex patients in order to achieve both safe and optimal health outcomes
* Actively coordinates patient care through effective communication and provides care accordingly to policies, procedures and guidelines as well as evaluates care based on evidence and patient safety goals
* Certified preceptor frequently cultivating new staff and students in department

January 2012-February 2013

Sanford Health - Fargo, ND, University Campus

**Clinical Shift Coordinator/Charge Nurse**

* Proactive lead nurse to OR staff, maintained flow of the department and surgery schedule
* Responsible and accountable for OR staff, serving as a resource, assessing unit needs, providing feedback to Unit Manager and Unit Educator as needed
* Facilitated surgery scheduling and collaborating with others to address service area and health system needs

August 2011-January 2012

Sanford Health - Fargo, ND, University Campus

**Registered Nurse (RN) Operating Room**

* Advanced beginner nurse responsible to implement the nursing process within the perioperative care setting through the Circulator role
* First to assess, diagnose and establish a plan with outcome criteria, intervene, evaluate, and document human responses to actual or potential health problems related to surgical intervention
* Collaborated with care team to provide efficient and safe patient care accordingly to policies, procedures and evidence based recommended practices

Education

**Registered Nurse**

> State of Colorado 2013-Present License Number: RN.1620950

> State of North Dakota 2011-2013

License Number: R36778 (7/29/11-5/3/13)

**Graduate Nurse Residency Program**

> Sanford Health, December 2011

BSN Nursing

April 2011

> University of Mary, Bismarck, ND

> GPA 3.64/4

Leadership

OR Preceptorship Council Co-Chair

> October 2014-Present

> Co-chair dedicated to reviewing, implementing and improving OR Preceptorship experiences for both Preceptors and new staff

> Developer of OR Specific Basic Preceptor Course for training and consistency, organized roles and responsibilities through an evidence-based curriculum to support Preceptors

**Research and Evidence Based Practice (REBP) Champion**

> October 2014-Present

> AIP OR Clinical nurse representative committed to research and evidence-based practices. Disseminates Committee updates and newsletter to unit as well as actively supporting unit based REBP project ideas and journal clubs

**Association of Operating Room Nurses (AORN) Vice President**

> August 2012-February 2013 (Fargo, ND Chapter)

> Local chapter liaison organizing and promoting monthly meetings to review and implement AORN recommended practices to chapter members

**Harold Schafer Leadership Undergraduate/Alumna**

> August 2007-April 2011 (University of Mary, Bismarck, ND)

> Senior division health care emerging leader in developing professional skills including communication, critical thinking, emotional intelligence and stewardship

Sigma Theta Tau Affiliate

> August 2010-February 2013 (Bismarck, ND Chapter)

> International honor society of nursing that acts to promote a global community of leaders who provide care using knowledge, scholarship and service

REferences

Suzanne Sortman

> AIP OR Manager

> (720)-848-0940 [Suzanne.Sortman@UCHealth.org](mailto:Suzanne.Sortman@UCHealth.org)

Kaci Meddings

> Clinical Nurse Educator

> (720)-848-6698 [Kaci.Meddings@UCHealth.org](mailto:Kaci.Meddings@UCHealth.org)

Maddison Libby

> Spine Service Specialist

> (720)-848-3526 [Maddison.Libby@UCHealth.org](mailto:Maddison.Libby@UCHealth.org)

Susan Estes

> Orthopedic Spine Surgery Nurse Practitioner

> (720)-848-1980 [Susan.Estes@UCHDenver.edu](mailto:Susan.Estes@UCHDenver.edu)

Sue Quandt

> Manager/Registered Nurse Quality Management

> (701)-234-7421 [Susan.Quandt@SanfordHealth.org](mailto:Susan.Quandt@SanfordHealth.org)